# **Speaker and Course Information for Doctors**

Date: Friday, August 19, 2022, from 8:00am-12:00pm

Course Title: Anti-Aging for Chiropractors Practice: Menopause, Andropause, & Mitochondrial Diseases

CE Hours Provided: 4 Mandated (Category 2) hours

Speaker: Paul Ling Tai, DPM, FACFS, ABPS, ABAARM, DACBN



Prof. Dr. Paul Ling Tai has been an avid supporter of Chiropractic Physicians for many years. As a Board-certified Podiatric Surgeon and physician who can write prescription for drugs and surgery, he understands the side effects of drugs and risks in surgeries. Disillusioned, he was determined to immerse himself in extensive research in natural medicine and developed 14 Patents and over 100 plant-based formulas for himself, his families and his patients. He exalts Chiropractors as the largest non-drug profession and are the rightful owners of this explosive Natural healthcare industry. There is an urgent need for Chiropractors to expand their practices to help the millions of the helpless aging population whom has difficulty getting proper care from their Medical doctors.

Dr. Tai sees this one Trillion-dollar Heath care industry moving toward non-invasive and plant based natural protocols for various aging health conditions, such as Heart Diseases, Alzheimer Disease, Fatigue, Obesity, Cancer, Lack of Libido, etc. Dr. Tai is passionate in sharing with Chiropractors his advanced evidence based natural technologies to help improve their and their patients' health as well to live a Younger, Stronger and Healthier life. Most of all, chiropractors who have incorporated Dr. Tai's natural protocol have increased their revenue by at least 50%, if not more!

He is a dynamic speaker with a passion to share his vision with Chiropractors to own the natural medicine health arena. Dr. Tai has developed extensive protocols and testing that are easy to learn and incorporate into their practice Monday morning and extensive back office supports to ensure their success. It is truly a valuable asset to Chiropractors worldwide.

A Premier Speaker for Florida Chiropractic Association sitting on countless Expert Panel in Ethics & Compliance and as a Moderator for Panel Presentations. Dr. Tai also speaks at State Associations of Missouri and New Mexico Chiropractic.

Dr. Tai is the Chairman & President of the Brasil American Academy of Aging & Regenerative Medicine (BARM); Editorial board member at International Journal of Bone and Rheumatology Research (IJBRR), Past Faculty member and former Dean of Post Graduate Medical Education and Past Chairman of the Department of Medical Research at University of Health Science Antigua (UHSA), School of Medicine & School of Nursing. Prof. Dr. Tai is a frequent lecturer at International Anti-Aging & Health Conferences worldwide. has been featured in many renowned medical newsletters, television appearances, and radio health talk shows nationwide.

He was a member of the surgical staff at Beaumont Annapolis-Oakwood Hospital in Detroit, Michigan, a trained Podiatric Medical Physician and double Board-certified surgeon specializing in reconstructive plastic surgery of the

ankle and foot. In the past, he has served under two Michigan State Governors and was recognized with a Vice Chairman's position on the Michigan Board of Podiatric Medical Licensing and as Chief Examiner for new Podiatric physicians.

He is a best-selling author of the books "Cordyceps Miracles", "8 Powerful Secrets to Anti-Aging", "Thin Factors" with published Clinical studies, "Fabulously Beautiful You", "Noninvasive Plastic Surgery and Anti-Aging", "Gold Book of Anti-Aging & Regenerative Medicine" Volume I & II. His Latest blockbuster book is the "Encyclopedia of Natural Products" First and Second Edition.

### **Course Summary:**

Anti-Aging is a fascinating new focus in modern American Medicine addressing disease, early diagnosis, prevention and natural treatment. In the U.S.A. alone, there are over 80 million men and women who are suffering from hormone deficiency. There is also an epidemic of gigantic proportions in Aging Diseases! It has created major health problems in a majority of our patients, affecting our entire families, causing suffering of common diseases and premature death. In our clinics, doctors are struggling to have a clear and well-defined diagnostic criterion with concise treatment protocols.

Chronic Fatigue Syndrome, Alzheimer's Disease, Diabetes, Fibromyalgia, Obesity, Hypothyroidism and Hashimoto's Thyroiditis are causing underlying pathophysiology involving the Immune deficiencies, abnormal hormone production and metabolic derangement, destroy the essential metabolism of the human body leading to severe diseases and needless death.

Dr. Tai will present a unique lecture on innovative technological advancements for Anti-Aging: an overview of the non-invasive technology of Saliva Hormone Testing, also a practical and simple in-office testing device & simple blood spots performed in your home or office can detect the severity of Hypothyroid and Hashimoto's. Learn very effective natural supplement protocols to provide solutions to patients and address patients suffering from lack of energy, stress, brain fog, cold hand and feet, and problems with sleeping. Open new frontiers by optimizing hormones; the essential instrument in the areas of fatigue, libido, Autoimmune Diseases, Alzheimer's, Dementia & Aging related disorders. Proper documentation of testing recommendations & explanations to avoid common errors made in testing procedures. Documenting practical scientific protocol of natural supplements for immediate clinical use by the Chiropractic Physician.

#### **Course Outline:**

- 1) Non-Invasive Diagnosis and Symptoms of Aging Disorders
- 2) Differentiate Chronological vs. Biological Aging for optimum health
- 3) The impact of clinical applications & new data of Saliva Hormone Testing in Fatigue, Autoimmune Disease, Stress, Andropause, Menopause & Aging related disorders
- 4) Natural Approach to Prevent & Reverse Insomnia
- 5) How to Recover Nitric Oxide for Healthy Heart
- 6) A Complete Protocol for Effective Treatment of Hot Flash & Night Sweats
- 7) Increase Immunity by up to 400% using this secret Herb
- 8) What is Mitochondria?
- 9) DNA & Genetic of Mitochondrion
- 10) Function of Mitochondria Cell
- 11) Mitochondria & Fatigue
- 12) Vitamins, Minerals & Herbs Protocol for Mitochondrial Diseases
- 13) Sleep Disorder & Mitochondrial/Thyroid Health
- 14) Natural Treatment Protocols for fatigue, depression, stress & fibromyalgia
- 15) Anatomy & Physiology of Thyroid Gland

- 16) Thyroid Hormones: T3 & T4
- 17) Physiology of Cellular Energy
- 18) Thyroid Basic Function
- 19) What is Hypothyroid? Hashimoto thyroiditis
- 20) Physical Signs and Symptoms of Hypothyroid
- 21) Myxedema in Thyroid
- 22) Diagnostic Tools in Clinical Setting
- 23) Dietary Supplementation in Adrenal Fatigue Treatment
- 24) Adrenal & DHEA relationship
- 25) Treatment for Adrenal Fatigue
- 26) Which Prescription drugs causes Adrenal/Thyroid Abnormalities

### References:

- 1. Cleveland Clinic. Online health chat with Sumit Parikh, MD. Reviewed January 2014. Understanding Mitochondrial Disorders Accessed 9/24/2014.
- 2. MitoAction.org. About Mitochondrial Disease: Mito FAQ Accessed 9/24/2014.
- 3. Hormone precursors & Supplements against Cancer Source: U.S. Cancer Statistics Working Group. United States Cancer Statistics: 1999 2007 Incidence and Mortality Web-based Report. Atlanta (GA): Department of Health and Human Services, Centers for Disease Control and Prevention, and National Cancer Institute; 2010.
- 4. Cognitive Decline in males Karlamangla A, et al. "Increase in epinephrine excretion is associated with cognitive decline in elderly men: MacArthur studies of successful aging," Psychoneuroendocrinology 2005; 30(5): 453-60.
- 5. Skorecki K, Mandel H. Chapter e18. Mitochondrial DNA and Heritable Traits and Diseases. In: Longo DL, Fauci AS, Kapser DL, Hauser SL, Jameson J, Loscalzo J. eds. Harrison's Principles of Internal Medicine, 18e. New York, NY: McGraw-Hill; 2012. library.ccf.org Accessed 9/24/2014.

Date: Friday, August 19, 2022, from 1:00pm-5:00pm

Course Title: Creating Rock Solid Records

**CE Hours Provided:** 4 Mandated (Category 2) hours

Speaker: Evan M. Gwilliam, DC, MBA, BS, CPC, CCPC, CPC-I, MCS-P, CPMA, CMHP, AAPC Fellow



Dr. Evan M. Gwilliam, Clinical Director for PayDC Chiropractic Software, graduated from Palmer College of Chiropractic as Valedictorian and is a Certified Professional Coding and ICD-10 Instructor, Medical Compliance Specialist, and Certified Professional Medical Auditor. Because he is also a clinician with a Bachelor's degree in accounting and a Master's of Business Administration, he is a sought-after seminar speaker. He provides expert witness testimony, medical record audits, consulting, and education for health care providers and has authored and contributed to reference books and articles for multiple publications.

#### **Course Summary:**

Coming soon!

## **Course Objectives:**

Coming soon!

Date: Saturday, August 20, 2022, from 8:00am-12:00pm

Course Title: Radiology Review: A Case-Based Approach

CE Hours Provided: 4 Mandated (Category 1) hours

Speaker: Cliff Tao, DC, DACBR



Dr. Cliff Tao was born in Ottawa, Canada now lives in Irvine, California. He has owned and operated a nationwide private chiropractic radiology practice since 2004. Following graduation from National University of Health Sciences in Chicago, Dr. Tao completed his three-year full-time chiropractic radiology residency at Los Angeles College of Chiropractic (LACC) and then a full-time musculoskeletal radiology research fellowship at University of California, Irvine (UCI) Medical Center in Orange, California. He is an internationally sought-after speaker, and is published both in chiropractic and medical literature, on the topic of chiropractic, spine, and

musculoskeletal imaging. Dr. Tao was former voluntary radiology faculty at LACC and former voluntary instructor of radiology at UCI Medical Center. He is married with a six- year old boy, and enjoys the outdoors, especially downhill skiing.

## **Course Summary:**

This course will review various aspects of interpretation of diagnostic imaging including technical, psychological, and methodological factors in a case-based format. The dominant imaging modality and body area will be plain radiography of the spine, however there will be cases with MRI, CT, and CBCT, and non-spinal and non-musculoskeletal cases.

#### **Course Outline:**

At the conclusion of this course, the attendee will be:

- Proficient with the navigation through an imaging study using appropriate technology;
- Cognizant in the psychological strategies to achieve thorough imaging evaluation;
- Aware of cognitive biases with imaging interpretation, and be able to minimize them; and
- Confident in imaging interpretation, and the formulation and management of a differential diagnostic list

Date: Saturday, August 20, 2022, from 3:00pm-5:00pm

**Course Title:** Good Faith Estimates and the No Surprises Act

CE Hours Provided: 2 General hours

Speaker: Marc Abla, CAE



Marc Abla is the CEO of the Illinois Chiropractic Society (ICS) and has dedicated the last 20 years to advancing the chiropractic profession and helping create a Healthier Illinois. He is a Certified Association Executive and has completed the Illinois Society of Association Executive's Certified Leadership Series. The ICS staff that he serves alongside has brought significant growth to the ICS through increased political advocacy, education opportunities, and essential content delivery to the chiropractic physicians in Illinois. In addition, Mr. Abla serves nationally as the District 2 Director for ChiroCongress and is currently the Chairperson for the Future of

Chiropractic Strategic Plan (Chiropractic Future, LLC) Leadership Committee. In his spare time, Marc loves to spend time with his family playing abstract tabletop games. You can contact Mr. Abla at 217-525-1200 or marc@ilchiro.org.

## **Course Summary:**

The No Surprises Act's primary purpose is to ensure that patients do not receive health care bills that far exceed their awareness or expectations. Although the most heralded portions of the law (usually pertaining to hospital services) do not apply to most chiropractic physicians, another key provision pertaining to <u>"good faith estimates"</u> does apply chiropractic offices.

This course is designed to help attendees understand the requirements for Good Faith Estimates (GFE) and implementation strategies for their practice. We will cover what GFEs are, who should receive them, when they should receive it, and other specific requirements related to Good Faith Estimates. Join Marc Abla, CAE in finding the best strategies for your practice to achieve and remain in compliance with the No Surprises Act.

## **Course Objectives:**

After attending this course, each attendee should be able to understand and implement the Good Faith Estimate requirements under the No Surprises Act.

### **Course Outline:**

- 1. No Surprises Act and Good Faith Estimates Background
- 2. What are Good Faith Estimates (GFEs)
- 3. Who Is Entitled to Receive a GFE?
- 4. How Will Patients Know About the GFEs?
- 5. How to Implement the New GFE Requirements
- 6. When is the Good Faith Estimate Given to Patient?
- 7. Other Services Provided by Outside Entities (i.e., lab work)
- 8. GFE Required Elements
- 9. Dispute Resolution Process

Date: Sunday, August 21, 2022, from 8:00am-12:00pm

**Course Title:** Osteoporosis: A Too Short Presentation

CE Hours Provided: 4 Mandated (Category 2) hours

Speaker: Alan Cook, DC



Alan Cook, DC, graduated from Western States and has been in practice since 1989. Besides being a postgraduate lecturer for Palmer West, Parker, and Life Chiropractic Colleges, Dr. Cook has written numerous articles for publication on topics ranging from: The Healing Benefits of Laughter to articles on NSAIDs and on Osteoporosis. He works with EasyWebCE to provide the best chiropractic continuing education in the solar system.

# **Course Summary:**

Osteoporosis is the most common skeletal disease worldwide. This course will discuss prevalence, risk factors, diagnostics, case studies, prevention, and treatment options. All of the above are evidence-based.

# **Course Objectives:**

- 1. Identify the multiple factors, diseases, and drugs that cause or contribute to osteoporosis.
- 2. Explain imaging to diagnose and the follow progression of the disease or treatment.
- 3. Describe an algorithm for assessment, diagnosis, secondary diagnostics, and treatment.
- 4. Summarize the spectrum of treatment options available to Doctors of Chiropractic.
- 5. Describe of the research supporting or refuting treatment options.
- 6. Summarize topics tangential to, but associated with, osteoporosis.